

Food Processor[®] SQL

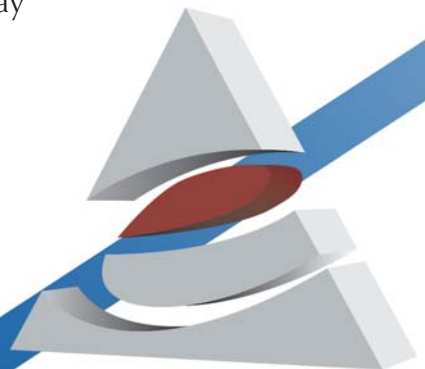
Nutrition & Fitness Software



The Food Processor[®] SQL Nutrition Analysis and Fitness Software automates dietary intake analysis, fitness and weight management, recipe development and menu planning. With ESHA's award-winning database at its core, the Food Processor[®] SQL is a powerful tool, essential to precise nutrition planning.

The **Food Processor SQL** offers:

- **Diet analysis and recipe planning** – Instantly compare client dietary intake against recommended nutrient standards – analyzing for more than 160 nutritional components, including diabetic exchanges and MyPyramid values.
- **Fitness and weight management** – Variable traits including age, weight, height, gender and activity level make up the personal profile for which you specify standards. As you enter recommendations for weight gain or loss and special dietary needs, calories and calorie-dependent nutrients are quickly recalculated.
- **A database** of more than 35,000 foods, recipes and exercises. Users can add an unlimited number of new foods and modify existing foods.
- Easy-to-use **platform**
- The most **up-to-date nutrition information** available
- Unparalleled **customer service**
- **Client management** – track meds, contact info, allergies, etc.
- **Multi-day diet recall** – organized by day and/or meal
- Variety of printable and exportable **reports**
- **Exercise tracking** based on METs
- **Trans Fat** data and Label display
- **Network** capabilities
- Nutrition Facts **Label**
- **HACCP** guidelines
- Diet recall **averaging**
- **Recipe** creation tools



PARTICULARS

About the Database

The Nutrition department at ESHA documents more than 1,500 scientific sources of information. Our stringent research protocols insure that no database will give you more accurate results and a more complete ingredient selection.

The Food Processor® SQL allows you to analyze for 160+ nutrients and components. Plus, you can add your own analysis factors to the database.

ESHA's database work is ongoing as the explosion of new foods enters the marketplace, and nutrient data is continually refined. Our current database includes more than 35,000 foods.

Priority Support

Each purchase of The Food Processor® includes one full year of Priority Support. You will have access to technical support, customer service, data researchers, dietitians and people knowledgeable about regulations and nutritional needs. Priority Support includes automatic program, feature, and database updates, discounts on training seminars and much more.

FoodProdigy

FoodProdigy — the online companion to The Food Processor SQL — allows clients to conveniently and immediately document their diet intakes and activities from their personal computer rather than relying on memory or keeping a journal by hand. You, in turn, have an accurate record, free of transcription errors.

For more information on what this unique program can do for you, visit www.esha.com/foodprodigy



0	Ascorbic Acid (mg)
0	Omega 3 Fatty Acid (g)
0	Omega 6 Fatty Acid (g)
0	Alcohol (g)
4.52	Caffeine (mg)
13.00	Choline (mg)
7.70	Forsythia (mg)
3.68	Calories from TransFat (kcal)
0.65	Fructose (g)
0.23	Boron (mcg)
79.66	Histidine (g)
116.58	Isoleucine (g)
564.67	Glycine (g)
118.47	Leucine (g)
95.30	Phenylalanine (g)
4.38	Tryptophan (g)
93.11	Aspartame (mg)
25.09	Artificial Sweetener (mg)
0.06	Saccharin (mg)
0.06	Glycerol (g)
0.06	Sorbitol (g)

SOLUTIONS FOR ...

Dietitians

- Quickly see analysis results for meals, daily or weekly intakes and more.
- Eliminate hand calculations.
- Accurately evaluate dietary intake with the nutrients you want to assess

Restaurants

- Build Recipes to instantly see nutrient values.
- Export data to website.
- HACCP guidelines.
- Organize ingredients and recipes by characteristics.

Sales/Customer service

- E-mail Formulas as text or graphic images.
- Add images to your Label display.
- Export reports.

Schools and research studies

- Create virtual 'what-if' scenarios
- Format your results in a variety of reports

Fitness consultants

- Build an exercise program
- Calculate METs



esha RESEARCH

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