

Detailed Peanut/Nut Allergy Protocol for Jonathan Eves-Kinsley

This document is primarily intended to provide details about how to minimize risk of exposure to peanut/nut products in the school and classroom environment of Jonathan Eves-Kinsley. In the event of an anaphylactic reaction, refer to the school-standard Anaphylactic Reactions Protocol sheet. Jonathan will carry 2 EPIPENS in his MedicAlert fanny pack. The classroom and office will each also have an EPIPEN (provided by the parents), in the event that Jonathan has forgotten his fanny pack.

Summary of How To Minimize the Risk of Allergen Exposure at School

- Establish a hand washing routine after eating. Educate each class on the importance of food cleanliness and cross contamination in regards to food allergies. Implement a hand washing routine after eating in each class throughout the school. This will minimize cross-contamination risks of food allergen traces on door handles, etc.
- Allow Jonathan's class to be the first to use the washroom after eating lunch, to minimize the possibility of peanut/nut residue being on door handles, sinks, taps, etc. The Caretaker will clean tables and other eating surfaces in Jonathan's classroom after lunch, followed by cleaning the washroom after all students in the school have used it after lunch.
- Ensure that all special events and fundraisers requiring food are carefully scrutinized to eliminate peanut/nut products. In the event that peanuts/nuts are impossible to eliminate, or where it is impossible to ensure peanut/nut elimination, it is imperative that a parent-approved plan is implemented to ensure inclusion and safety of Jonathan. A thorough cleanup should be performed at the completion of the event.
- Additional helpful information and resources regarding the management of food allergy risks in public settings are available at <http://www.nuconnexions.com/Allergy/manage.htm>

Guidelines for Outside Jonathan's Classroom

- Playground garbage presents exposure problems to Jonathan – i.e. candy bar wrappers and other food garbage left by neighbourhood users. Jonathan must not pick up garbage.
- The water fountain presents possible exposure from the mouths of other children. Jonathan must not drink from the water fountain. He will have a water bottle in his lunch container each day.
- Field trips to locations away from school open a new environment that must be carefully controlled and monitored. These new environments potentially increase the risk of accidental exposure. Jonathan cannot participate in field trips off school grounds without a parent-designated helper and a parent-approved plan to ensure his safety while on the field trip. Bus seats are a risk for carrying peanut/nut residue, so Jonathan's seat as well as those adjacent to Jonathan's must be wiped down prior to Jonathan's entry into the bus. He also needs to be discouraged from touching bus seats.

Guidelines for Jonathan's Classroom

- Inform parents of the peanut/nut free classroom status. Ask parents to eliminate peanut/nut products from their children's lunches. Educate parents about safety precautions and food label-reading issues as they relate to eliminating peanut/nut products from the classroom (the previous one-page handout provided to the classroom teacher can serve as the parent education device).
- Ensure lunch period is supervised. Supervisor should be trained by parent to be aware of allergies, knowledgeable of safe eating and emergency procedures. Supervisor should be competent in checking all lunches for peanut products.
- Ensure Jonathan only eats food prepared from home: food sharing in the classroom should be discouraged, with the exception of parent approved pizza days or food approved by parent for classroom parties or other special activities.
- Ensure food safety for classroom special events. Food purchased outside of the school for special food days must be purchased from a location that ensures peanut/nut-free products, and must be approved by parent before consumed by Jonathan. Food brought in to the classroom for special events and celebrations must also be pre-approved by parent and free from peanuts/nuts (including traces from cross contamination). Reminder notices distributed to parents for each class party will assist in ensuring that party foods are peanut free. Jonathan's parents are more than willing to provide guidance to teachers/parents who will be purchasing supplies for these events.
- Craft projects potentially pose exposure problems to Jonathan - for example, pine cone bird feeders made with peanut butter, homemade play dough ingredients, birdseed often has nut fragments, and crafts that include food products. Craft projects with peanuts must not be completed in Jonathan's classroom or presence.
- Substitute teachers potentially increase the risk of accidental exposure due to lack of education and training. Substitutes must be required to read this school plan before teaching Jonathan's class.

Summary of Rules to Follow for Jonathan

- Jonathan's class is not to participate in class projects that work with peanuts, nuts or seeds.
- Jonathan is not to drink from the water fountain, due to possible cross contamination of the fountain from other children. Jonathan will have a water bottle in his lunch container that he should be permitted access to.
- Jonathan cannot participate in playground and school ground garbage pick up days due to possible exposure to allergens. Other helpful activities may be arranged.
- Jonathan cannot participate in field trips off school grounds without a parent-designated helper.
- Jonathan cannot eat shared food from other children, and must not eat party food sent in by other children without parent consent.